

# Annual Report 2022-23



Uthirathin Uthavigal Charitable Trust

Empowering Lives, Building Futures



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# Our Mission and Vision

## Mission

We (Uthirathin Uthavigal Charitable Trust) are dedicated to transforming the lives of orphans, underprivileged children, women, and families in need through education, health support, and empowerment. Our mission is to create a nurturing environment where every individual has the opportunity to thrive, learn, and achieve their dreams.

## Vision

We envision a world where every child, woman, and family, regardless of their circumstances, has access to quality education, emotional support, and resources that foster personal and economic growth. Empowering individuals and communities is essential for building a brighter future for all.



# Message from the Founder

Dear Friends,

I am deeply honored to reach out to you as we reflect on the journey we've traveled together in 2022-2023. The past year has been one of growth, hope, and resilience for Uthirathin Uthavigal Charitable Trust, and none of this would have been possible without the unwavering support of our community.

When I founded this organization in 2016, it was with a vision to bring about lasting change through love, compassion, and action. Our mission has always been clear: to uplift those who need it most – orphans, semi-orphans, widows, repatriates, the elderly, differently-abled individuals, and all marginalized members of society.

Our approach has been more than just offering charity. We focus on creating pathways for people to live with dignity, self-worth, and hope for a better tomorrow. In 2022-2023, we have seen the power of this approach unfold. Through education, healthcare, livelihood programs, and care for the elderly and differently-abled, we have touched countless lives. Our work has been grounded in our core values:

- **Education:** Empowering individuals through knowledge and skills
- **Empowerment:** Creating opportunities for self-sufficiency
- **Empathy:** Ensuring that every person is seen, heard, and cared for

The year has been full of milestones, but we know that none of this would have been possible without the dedication of our donors, volunteers, and partners. You have been the driving force behind every success, and I am incredibly grateful for your commitment to our cause.

Together, we have expanded our reach, deepened our impact, and continued to build a future where no one feels forgotten or powerless.

As we look ahead, I invite you to remain with us on this journey. Let us continue to work hand-in-hand to spread kindness and hope, making sure that no individual is left behind. Let us inspire others through the power of small acts of love and care, knowing that these acts can ignite change.

We are not merely changing lives; we are building a future where every person can proudly say, "I am living by you," rather than "I am living for you." This is the change we envision, and with your continued support, we will see it come to fruition.

Thank you for being a part of this journey. Together, we are creating a brighter, more compassionate world for those who need it most.



With gratitude,

**SHANMUGA SUNDAR**  
Founder & President

# OUR TEAM MEMBERS



**SHANMUGA SUNDAR**  
PRESIDENT



**SELVA KUMAR**  
SECRETARY



**VIJAYA KUMAR**  
SENIOR ADVISOR



**SATHISH**  
TREASURER



**RAJESH KUMAR**  
TRUSTEE



**ARUN PRAKSH**  
TRUSTEE



**SHANBHAGAVALLI**  
CSR HEAD



**SHANMUGAN MANIYAN**  
YOUTH WING SECRETARY



**ANJALI SURESH**  
PROJECT HEAD



**IYSWARYA**  
STUDENT WING HEAD



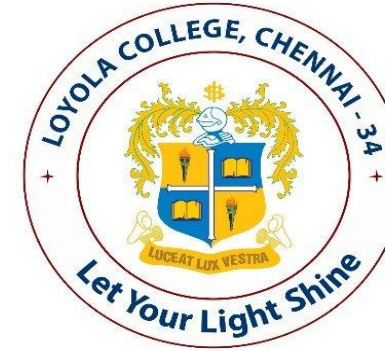
**DEEPA MOORTHY**  
WOMENS WING SECRETARY



**SARAN RAJ**  
HEALTH PROGRAM OFFICER

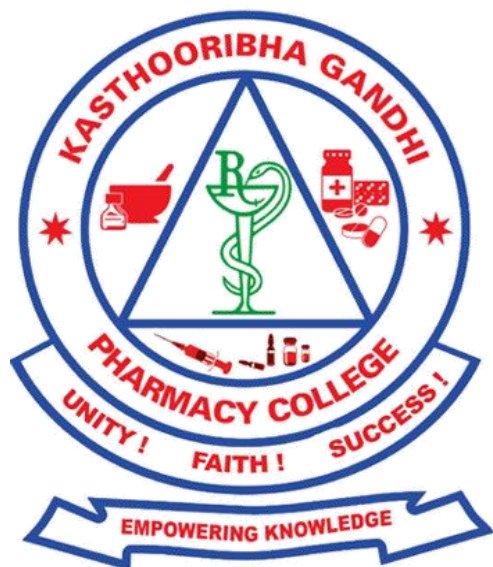
# Our Sponsors!

Uthiratnin Uthavigal Charitable Trust, Chennai, Tamilnadu, INDIA.



# Our Sponsors!

Uthiratnin Uthavigal Charitable Trust, Chennai, Tamilnadu, INDIA.

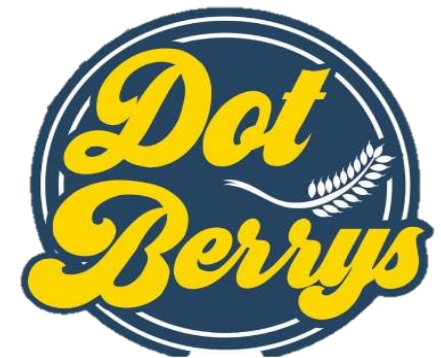
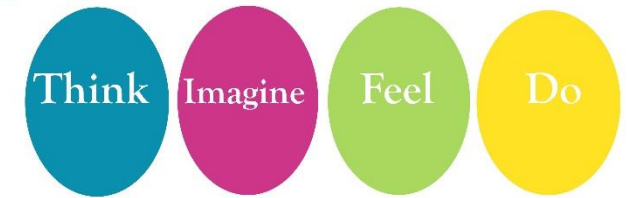


# Our Sponsors!

Uthiratnin Uthavigal Charitable Trust, Chennai, Tamilnadu, INDIA.



Sirpigal IAS Academy



We Thank you All our Sponsors.  
With your Support We can make many things Possible!



## Empowering Through Education

At Uthirathin Uthavigal Charitable Trust, we understand that education is a key factor in breaking the cycle of poverty and marginalization. It opens doors to better opportunities, fosters understanding of vital issues, and builds awareness of rights and responsibilities.

### Our Approach:

In 2014, we launched our flagship Program, “ZERO TO HERO: Educate to Empower,” designed to empower underprivileged children and communities through education. This initiative aims to provide more than just academic knowledge – it offers a holistic approach that includes:

- Essential Education: Giving children the tools to learn, grow, and succeed.
- Nutrition Support: Ensuring children are healthy and able to focus on their studies.
- Healthcare Access: Addressing the basic health needs to enable them to thrive.

### Our Goal:

Through this Program, we seek to provide every child with the resources and opportunities they need to reach their full potential. ZERO TO HERO is about giving children from underserved communities the foundation to build brighter, more equitable futures.

### Why it Matters:

Education transforms lives. By equipping children with knowledge, skills, and support, we are creating pathways to empowerment, allowing them to rise above their circumstances and contribute meaningfully to society





## The Need for Education:

In today's world, education is not just a privilege – it is a necessity. However, for many children in underserved communities, access to quality education remains out of reach. The challenges they face are multi-faceted and require urgent attention.

- **Poverty:** Many families live below the poverty line, struggling to meet basic needs such as food, shelter, and healthcare. As a result, education is often overlooked or considered secondary to survival.
- **Limited Access to Resources:** In marginalized communities, schools often lack the necessary infrastructure, teaching materials, and trained educators to provide a quality education. Without these resources, children are deprived of the opportunity to unlock their potential.
- **Health and Nutrition:** Poor nutrition and inadequate healthcare are significant barriers to learning. Children who are malnourished or sick often struggle to focus in class, which hampers their academic performance and overall development.

## Educational Contributions in 2022-2023

In the year 2022-2023, Uthirathin Uthavigal Charitable Trust continued to focus on empowering underprivileged communities through education. Our flagship program, **"ZERO TO HERO: Educate to Empower,"** made significant strides in improving the educational outcomes and well-being of marginalized children. Here are some key highlights of our contributions over the past year:

### 1. Expanded Reach and Enrollment

- We enrolled **over 500 children** from underprivileged communities into our educational programs, ensuring they had access to quality education and the necessary resources to thrive.
- The program reached a wider geographical area, establishing new partnerships with schools, local authorities, and community organizations to facilitate education for children in remote and underserved regions.

### 2. Holistic Support for Students

- **Nutrition:** We provided nutritious meals to over 450 children, ensuring they received the necessary vitamins and minerals to stay healthy and focused in school.
- **Healthcare:** Our healthcare support program reached **300 children**, offering regular health check-ups, vaccinations, and medical assistance to address common health issues that hindered learning.
- **Stationery and Supplies:** We distributed school supplies—including books, uniforms, and stationery—to more than **400 children**, eliminating financial barriers to their education.

## Government Schools & School Drop outs.

The place where need more concentration!



We have been initiated.



# Our Core Values



## Empathy

Ensuring every person is seen, heard, and cared for



## Education

Empowering individuals through knowledge and skills



## Empowerment

Creating opportunities for self-sufficiency

In the year 2022-2023,  
Uthirathin Uthavigal  
Charitable Trust directly  
benefited  
**1,500+ individuals**  
through its educational  
initiatives



### 3. Teacher Training and Support

- To ensure high-quality education, we invested in **teacher training programs**, benefiting over **50 educators**. These sessions focused on enhancing teaching methods, student engagement, and understanding the specific needs of children from marginalized backgrounds.
- We provided educational resources and ongoing support to teachers, helping them create inclusive and enriching learning environments.

### 4. After-School Programs and Skill Development

- Our after-school programs reached 200+ children, where we offered additional academic support, remedial classes, and enrichment activities to help students improve their academic performance.
- We introduced skill development workshops, which included courses in computer literacy, and language skills, preparing students for future employment opportunities and fostering creativity.

### 5. Scholarships and Financial Assistance

- Over **50 students** received scholarships to pursue higher education, ensuring that financial constraints did not limit their potential.
- We partnered with local colleges and universities to offer financial aid and counseling to students interested in continuing their studies beyond the primary and secondary levels.

### 6. Community Awareness and Advocacy

- We organized community awareness campaigns to highlight the importance of education, particularly for girls and marginalized children. These initiatives helped challenge social and cultural barriers, encouraging families to prioritize education for their children.
- Our advocacy efforts also focused on raising awareness about the right to education and the need for more inclusive educational policies.

### 7. Impact on Graduation and Retention Rates

- The support provided by Uthirathin Uthavigal Charitable Trust contributed to higher retention rates, with 85% of students continuing their education through the year without dropping out.
- 70% of students demonstrated improved academic performance, thanks to the combined efforts of our teachers, volunteers, and holistic support programs
- Through these initiatives, Uthirathin Uthavigal Charitable Trust made a meaningful impact on the lives of children in need, empowering them to break free from the cycle of poverty and build a brighter, more hopeful future. We remain committed to ensuring that education remains a powerful tool for social transformation, and we are excited to continue expanding our reach in the coming years.





# Empowering Through Education

1

## ZERO TO HERO Program

Launched in 2014 to empower underprivileged children through holistic education

2

## Essential Education

Providing tools for learning, growth, and success

3

## Nutrition Support

Ensuring children are healthy and able to focus on studies

4

## Healthcare Access

Addressing basic health needs to enable children to thrive

In 2023, Uthirathin Uthavigal Charitable Trust organized an impactful educational awareness session in Namakkal, benefiting around 2,000 students. The event was graced by Mr. Gopinath, a renowned motivational speaker, who served as the chief guest.

The main objective of the session was to raise awareness about the significance of education and guide students on various career paths. The trust aimed to inspire students, particularly from rural and underserved communities, and provide them with the necessary tools to excel academically and professionally.

Mr. Gopinath's speech was a powerful highlight of the event. Known for his ability to inspire and engage audiences, he shared personal stories of overcoming obstacles and achieving success through perseverance, hard work, and a positive mindset. He encouraged the students to embrace challenges, stay focused on their goals, and maintain a positive outlook on their educational journeys. His message emphasized the importance of self-belief, discipline, and determination in achieving both personal and professional success.

The session also covered essential topics such as career guidance, skill development, and the evolving landscape of education. Mr. Gopinath provided valuable insights into various career opportunities, including emerging fields in technology, entrepreneurship, and public service. He also stressed the need for students to develop skills beyond academics, such as critical thinking, communication, and leadership, to thrive in today's competitive world.

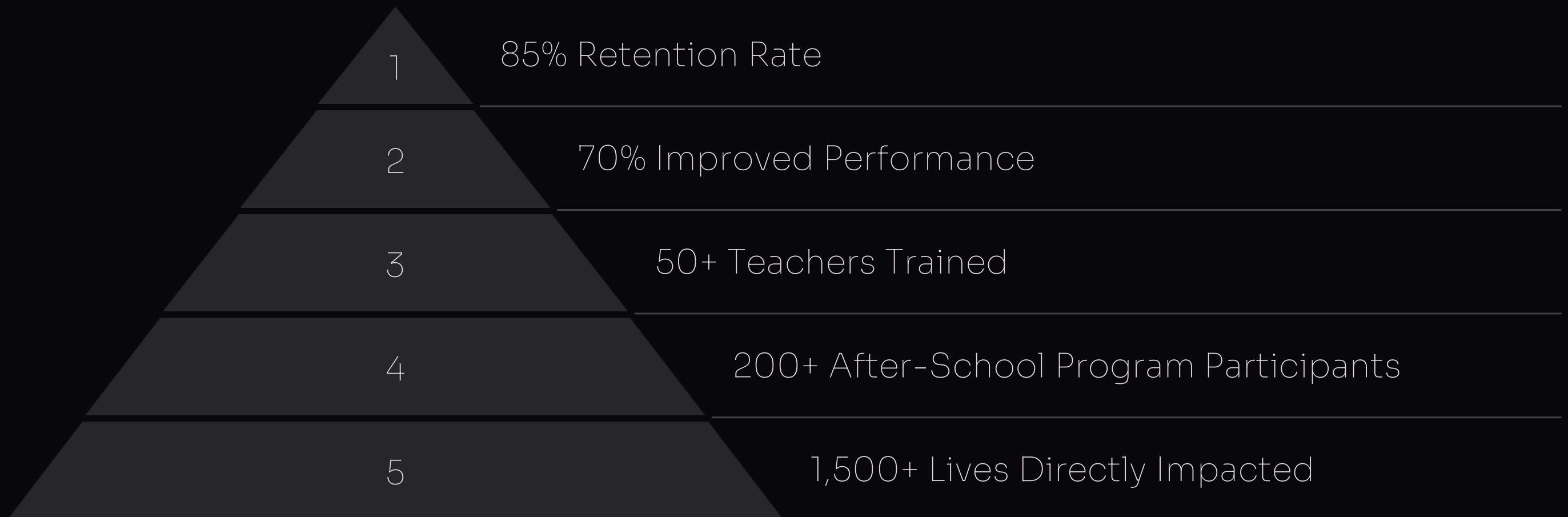


Interactive segments allowed students to engage directly with Mr. Gopinath, asking questions and receiving personalized advice. In addition, the trust distributed educational materials, including scholarship information and career guidance resources, to further support the students' academic journeys.

The event was a great success, leaving a lasting impact on the 2,000 students in attendance. It reinforced the trust's commitment to fostering educational awareness and empowering the future generation of Namakkal. Through this session, Uthirathin Uthavigal Charitable Trust continued its mission to motivate and guide students, helping them unlock their full potential and achieve their dreams.



# Impact on Education



# Success Stories: Surya

## The Turning Point Story of Surya

Surya, a young boy living in a slum area with his single mother, faced many challenges growing up. His mother, a daily wage laborer, struggled to provide for him, and Surya often had to help with chores instead of attending school. Despite the hardships, he always had a strong desire to learn and dreamed of a better future.

Everything changed when Surya became part of Uthirathin Uthavigal Charitable Trust's **ZERO TO HERO: Educate to Empower** program. The program provided him with school supplies, nutritious meals, healthcare, and academic support. He also enrolled in a computer literacy program, where he discovered a passion for coding and technology, gaining the confidence to pursue his dreams.

Surya's ultimate goal is to become an **Indian Police Service (IPS) officer**, driven by a desire to bring change to society. Thanks to the support from the Trust, he received a scholarship to pursue Political Science, taking him one step closer to achieving his dream.

Today, Surya excels in his studies and teaches computer skills to children in his community, inspiring them to dream big. His story is a powerful reminder of how education and support can change the trajectory of a life, even in the most difficult circumstances.



# Success Stories

## The Turning Point Story of Pavithra

Pavithra, a determined young woman, grew up in a slum area, raised by her single mother, a hardworking tailor. Despite her mother's best efforts, they struggled financially, and Pavithra often helped with household tasks and took care of her younger siblings. Education was always important to her, but the hardships of daily life made it difficult to focus on her studies.

Her life changed when she joined Uthirathin Uthavigal Charitable Trust's ZERO TO HERO: Educate to Empower program. The Trust provided her with school supplies, nutritious meals, and healthcare, easing the burden on her mother. Pavithra also benefited from academic support, which allowed her to catch up and focus on her dream of becoming an **Indian Administrative Service (IAS)** officer.

With the Trust's help, Pavithra enrolled in coaching classes to prepare for the competitive exams, taking steady steps toward her goal. Her mother, though struggling as a tailor, always encouraged Pavithra to pursue her education and dreams.

Pavithra's ultimate goal is to serve her community and the nation by becoming an **IAS officer**. Today, she is fully dedicated to her studies and is actively working towards her dream. Pavithra's story is a powerful reminder that with **education, determination**, and the right support, no dream is too far out of reach—no matter the challenges life throws your way.



# Health on Wheels: Mobile Healthcare Program

In 2022, Uthirathin Uthavigal Charitable Trust continued its impactful Mobile Healthcare Program, "Health on Wheels", which was initially launched in 2016. This Program has been a vital part of our mission to make healthcare affordable, accessible, and available to everyone, particularly to underserved communities.

Our mobile medical units travel to the doorsteps of disadvantaged populations, including those in urban slums, remote villages, and hard-to-reach areas. This initiative ensures that essential primary healthcare services are delivered directly to individuals who otherwise lack access to healthcare facilities.

In the year 2022-23, our focus remained on improving maternal and child health, providing specialized care for women and children in these vulnerable communities. Through regular health check-ups, vaccinations, pre-natal care, and postnatal support, we ensure that mothers and children receive the medical attention they need, regardless of their geographic location.

By reducing healthcare disparities and improving access to quality care, Health on Wheels continues to transform lives, providing hope and better health outcomes for some of society's most vulnerable members. We are committed to making healthcare a right, not a privilege, and will continue to expand our reach in 2023 and beyond.

In 2022-23, the need for accessible and affordable healthcare continued to be a pressing issue, particularly for those living in urban slums, remote villages, and hard-to-reach areas. Many individuals in these communities face significant barriers to receiving timely medical care due to the lack of nearby healthcare facilities and financial constraints. For these marginalized populations, even basic medical services are often out of reach, contributing to high rates of



preventable diseases, maternal and child health issues, and overall poor health outcomes.

Additionally, the absence of health education and preventive care further exacerbates these challenges, as many people are unaware of basic hygiene practices and the importance of regular check-ups and vaccinations. The need for initiatives like Health on Wheels has never been greater, as this Program directly addresses these gaps by bringing essential healthcare services to communities in need. Through this initiative, we aim to provide primary healthcare, health education, and maternal and child health services, ensuring that the most vulnerable populations receive the care they deserve.



## Our Contribution to Health in 2022-23

In 2022-23, Uthirathin Uthavigal Charitable Trust made significant strides in addressing the healthcare needs of underserved communities. One of the major initiatives that defined our healthcare contribution was the **"Health on Wheels"** mobile healthcare Program. This initiative, which has been a cornerstone of our work since its launch, continued to deliver essential primary healthcare services to individuals living in urban slums, remote villages, and hard-to-reach areas. These areas often suffer from limited access to healthcare facilities, and many people are unable to afford or travel to local clinics. Through the mobile medical units, we took healthcare directly to their doorsteps, ensuring that people received free consultations, diagnostic services, and medications.

Throughout the year, the Health on Wheels Program conducted regular free medical camps in various regions, reaching thousands of individuals who would otherwise remain untreated. We provided crucial preventive healthcare services, such as immunizations, health screenings, and health education. Special emphasis was placed on maternal and child health, an area where there are often significant gaps in care. Pregnant women received prenatal check-ups, while new mothers benefited from postnatal care to ensure both their well-being and the health of their babies. Children received the necessary vaccinations, and we conducted health check-ups to detect early signs of malnutrition or common diseases.

In addition to the medical services, we focused on providing essential health education and promoting awareness about hygiene, nutrition, and disease prevention. These initiatives empowered communities with the knowledge to make healthier choices, thus contributing to long-term health improvements.

Through these efforts, we aimed to reduce the burden of preventable diseases and health disparities in these communities, helping to improve the overall quality of life for individuals who had limited access to healthcare.

By reaching out to vulnerable groups, such as the elderly, children, and differently-abled individuals, we were able to ensure that the most marginalized populations received the medical care they desperately needed. The Health on Wheels Program continues to be a vital lifeline, ensuring that healthcare is not a privilege for the few but a right for all, no matter where they live or their economic status. This initiative has played a crucial role in creating healthier communities and reducing healthcare inequalities in 2022-23



**Benefitted:**  
In 2022-23, our NGO positively impacted a total of **1,200 individuals** through its healthcare initiatives

## Feed the Needy Project (2022-23)

In 2022-23, Uthirathin Uthavigal Charitable Trust continued its commitment to addressing hunger and food insecurity through our **Feed the Needy Project**. Recognizing that basic nutrition is essential for breaking the cycle of poverty and improving the quality of life, this initiative plays a vital role in sustaining health, providing access to education, and promoting self-reliance. Proper nourishment is not just about survival; it is about empowering individuals to access better educational and employment opportunities, ultimately leading to a healthier and more fulfilling life.

Throughout 2022-23, the Feed the Needy Project focused on supporting the most vulnerable communities, including children, the elderly, daily wage workers, and the homeless. We provided essential meals, food packages, and nutritional support to those in dire need, ensuring that no one was left hungry. Our efforts have helped countless individuals improve their overall well-being, offering them the chance to thrive and create a stronger, more inclusive society. By addressing hunger and promoting health, we are working towards a future where everyone has the resources to lead a more dignified and productive life.

## The Need for Nutrition in 2022-23

In 2022-23, the need for basic nutrition remained a critical issue, especially for those living in underprivileged communities. Many families still struggle with food insecurity, which directly impacts their health, education, and overall well-being. For vulnerable groups such as children, the elderly, daily wage workers, and the homeless, access to proper nutrition is not a given. Lack of adequate food often leads to malnutrition, weak immune systems, and a higher susceptibility to disease, further deepening the cycle of poverty.

Furthermore, food insecurity prevents individuals from accessing better educational and employment opportunities. Children, who suffer from poor nutrition, are more likely to experience delays in growth and development, while adults face challenges in maintaining physical stamina and mental clarity to succeed in their jobs. The need to provide nutritional support is therefore urgent, as it plays a pivotal role in creating healthier communities, enabling individuals to break free from the cycle of poverty and lead self-reliant, fulfilling lives. The Feed the Needy Project by Uthirathin Uthavigal Charitable Trust addresses this gap, ensuring that vulnerable populations have access to the food they need to thrive.



# Feed the Needy Project

1

Addressing Hunger

Providing essential meals and food packages

2

Nutritional Support

Ensuring balanced diet for vulnerable populations

3

Community Collaboration

Partnering with local organizations for effective distribution

4

Long-term Solutions

Promoting sustainable food security initiatives

## Feed the Needy Contribution in 2022-23

In 2022-23, Uthirathin Uthavigal Charitable Trust continued its mission to address hunger and food insecurity through the impactful **Feed the Needy Project**. This initiative remains a cornerstone of our work, focusing on providing essential nutritional support to the most vulnerable populations in society. Throughout the year, our efforts reached children, elderly individuals, daily wage workers, and homeless people, all of whom struggle with the harsh realities of food insecurity and malnutrition.

Our approach involved the distribution of thousands of nutritious meals and food packages across urban slums, remote villages, and other underserved areas. These food packages were carefully curated to provide a balanced diet, including proteins, carbohydrates, vitamins, and minerals, addressing the diverse nutritional needs of each community. We reached hundreds of families and individuals, ensuring that their basic need for food was met, particularly during times of economic hardship, seasonal disruptions, or emergencies.

One of the core goals of the **Feed the Needy Project** is to ensure that **no one goes hungry**. By distributing hot meals and dry rations, we not only helped meet immediate needs but also provided some level of dignity and hope for those who often feel marginalized and forgotten. The initiative also focused on reaching out to mothers and children, with special attention to maternal health and child nutrition, which are vital for preventing malnutrition and ensuring healthier generations.

Moreover, Uthirathin Uthavigal Charitable Trust collaborated with local organizations, community leaders, and volunteers to strengthen our reach and ensure that food distribution was effective. By working within communities, we were able to identify those most in need and target efforts to maximize our impact. These partnerships also helped create sustainable solutions, such as supporting community kitchens and building local food security initiatives to reduce dependence on external aid over time.

Beyond providing immediate relief, our initiative played a crucial role in addressing the broader issue of food insecurity by promoting long-term solutions. We have fostered the idea that nutrition is not just about filling stomachs but about creating opportunities for better health, education, and economic stability. By helping individuals access the essential nutrition they need, we've empowered them to focus on improving their lives, pursuing education, and participating in employment opportunities that are otherwise out of reach when hunger takes precedence.

Through the Feed the Needy Project, Uthirathin Uthavigal Charitable Trust touched the lives of thousands of people in 2022-23. This initiative stands as a testament to our commitment to eradicating hunger and fostering inclusive well-being. Our continued efforts to provide nutritional support contribute to breaking the cycle of poverty, ultimately helping individuals and families build a stronger, healthier, and more self-reliant future.





# Feed the Needy Impact (2022-2023)

10K+

Individuals Benefited

Including children, elderly, daily wage workers, and homeless



10000s

Meals Distributed

Nutritious meals and food packages provided

## Benefitted:

In **2022-23**, the **Feed the Needy Project** of our **NGO** benefitted More than **10,000 individuals**. This included **children, elderly, daily wage workers**, and the **homeless**, providing them with essential meals and food packages

# Women Empowerment

1

## Education & Skills

Equipping women with knowledge and practical skills for self-reliance. We offer vocational training in various fields, including tailoring, embroidery, computer literacy, and financial management. This empowers them to secure employment or start their own businesses.

2

## Health & Wellness

Promoting women's health through education and access to resources. We conduct regular health camps focusing on women's specific health issues, provide information on reproductive health, and facilitate access to healthcare services.

3

## Leadership Development

Cultivating leadership qualities to empower women as community leaders. We provide workshops and training sessions on leadership skills, communication, decision-making, and conflict resolution. This equips them to take on leadership roles within their communities and advocate for their rights.

4

## Gender Equality

Advocating for gender equality and social inclusion. We work towards creating a more equitable society by raising awareness about gender-based violence, promoting gender-sensitive policies, and advocating for women's rights.



## Women Empowerment Program (2022-23)

In 2022-23, Uthirathin Uthavigal Charitable Trust continued to strengthen its commitment to women's empowerment through the Women Empowerment Program. Launched in 2015, the Program aims to support marginalized and socially-excluded women and adolescent girls, providing them with the tools and resources to overcome barriers and build brighter futures.

Throughout the year, the Program focused on offering educational opportunities, life skills training, and resources to help women make informed decisions regarding their health and well-being. We also aimed to build leadership capabilities in women, encouraging them to become influential voices within their communities. A key aspect of the Program was promoting gender equality and engaging men and boys in the movement for social change, fostering a more inclusive and supportive society for all. Our mission is to help women unlock their full potential, contributing to a world where they are equal leaders, change-makers, and advocates for a more equitable society.

### The Need for Women Empowerment in 2022-23

In 2022-23, the need for women empowerment remained urgent, particularly for marginalized and socially-excluded women and adolescent girls. In many communities, gender inequality, lack of access to education, and limited opportunities continue to prevent women from realizing their potential. They face barriers to basic education, healthcare, and economic independence, which hinder their ability to contribute meaningfully to society.

Furthermore, women and girls in these communities often lack the necessary resources and life skills to make informed decisions about their health and future. In many regions, cultural norms and gender biases still restrict women's freedom and opportunities, perpetuating the cycle of poverty and inequality. There is also a critical need for gender-sensitive education and community-driven initiatives that promote gender equality and involve men and boys in breaking down harmful stereotypes. Addressing these challenges through the Women Empowerment Program is essential to create a future where women can lead empowered, healthy, and self-sufficient lives.





## Women Empowerment Contribution in 2022-23

In 2022-23, Uthirathin Uthavigal Charitable Trust made significant contributions through its Women Empowerment Program, aimed at uplifting marginalized and socially-excluded women and adolescent girls. Throughout the year, the Program focused on providing educational opportunities, life skills training, and essential support to help women make informed decisions about their health, education, and overall well-being.

The Trust reached over 500 women and adolescent girls, equipping them with skills in areas such as financial literacy, healthcare awareness, and leadership development. Additionally, we organized community workshops and awareness campaigns to promote gender equality, while actively involving men and boys to challenge traditional gender norms and support the empowerment process.

Our efforts also included vocational training to improve women's employability and entrepreneurship opportunities, enabling them to become financially independent. By fostering self-confidence and encouraging community leadership, the Program aimed to create sustainable change and help women play an active role in building a more inclusive and equitable society.



# Women Empowerment Impact (2022-2023)

## Benefitted:

In 2022-23, the Women Empowerment Program of our NGO benefitted a total of **300 women** and adolescent girls. These women received education, life skills training, and essential resources, helping them to become financially independent, improve their health, and take on leadership roles within their communities

300

Women and Girls

Benefited from empowerment programs

100%

Skill Development

All participants received training in various skills



## The Story of Guna Sundari: From Struggles to Empowerment

Guna Sundari, a destitute widow, faced immense challenges after the loss of her husband. As a tailor, she had managed to support her family, but after her husband's passing, her life took a difficult turn. Struggling to make ends meet, she found herself facing the burden of raising her children alone with no stable income or support.

Despite her hardships, Guna Sundari's determination to provide for her family remained unshaken. However, she knew that in order to truly uplift herself and her children, she needed to find a more sustainable source of income. That's when Uthirathin Uthavigal Charitable Trust stepped in to offer her much-needed support. Recognizing her potential, the Trust helped Guna Sundari transition from traditional tailoring work to running her own **e-service business**.

With the financial support, training, and guidance from the Trust, Guna Sundari was able to learn the skills required to run her e-service business efficiently. She began offering services like online bill payments, document submissions, and **e-commerce services** to her community. This not only gave her a stable source of income but also empowered her with the ability to provide her children with better opportunities.

Today, Guna Sundari is an example of resilience and empowerment. She is no longer just a widow struggling to survive; she is a businesswoman, a role model for other women in her community, and an advocate for self-reliance. Through the support of Uthirathin Uthavigal Charitable Trust, Guna Sundari has turned her life around, proving that with the right resources and opportunities, even the most difficult circumstances can be overcome.





## The Story of Banu Priya: From Aspiration to Achievement

Banu Priya, a young woman from a humble background, always had a dream of becoming a teacher. However, her circumstances made it difficult to pursue her passion. Coming from a family with limited financial resources, Banu Priya faced numerous challenges in accessing quality education. Her parents, struggling to make ends meet, were unable to support her academic ambitions.

Despite the financial challenges, Banu Priya was determined to make a difference in her life and the lives of others. She knew that education could be the key to breaking the cycle of poverty and empowering herself. Her dream was to teach children, inspire them, and create opportunities for those who came from backgrounds similar to hers.

It was at this crucial point that Uthirathin Uthavigal Charitable Trust entered her life. Recognizing her passion and potential, the Trust extended its support, providing her with the opportunity to pursue her teacher training course. With financial assistance, study materials, and mentorship from the Trust, Banu Priya was able to complete her teacher training and earn the qualifications she needed.

Today, Banu Priya is not only a qualified teacher, but she also serves as an inspiration to others in her community. She is now teaching children in a local school, imparting knowledge, and making a significant difference in their lives. Through the support of Uthirathin Uthavigal Charitable Trust, Banu Priya's dream has become a reality. She has transformed her life and is now shaping the futures of others, proving that with determination, support, and opportunity, any dream is achievable.





# Environmental Sustainability: Tree Plantation Initiative

In 2022-23, Uthirathin Uthavigal Charitable Trust continued its commitment to **environmental sustainability** through the **Tree Plantation Initiative**, a Program that began in **2014**. We recognize that protecting and nurturing our planet is essential not only for the well-being of current generations but also for the prosperity of future ones. Environmental degradation, particularly deforestation, poses a significant threat to biodiversity, air quality, and overall ecosystem health.

Our **Tree Plantation Initiative** focuses on planting trees in both urban and rural areas to help combat deforestation, restore natural ecosystems, and improve air quality. Additionally, we strive to educate communities about the critical importance of trees in maintaining a healthy environment and fostering a sense of environmental responsibility. By empowering local communities with the knowledge of how trees support the ecosystem, we are building a stronger connection between people and nature. In 2022-23, we expanded our efforts to create greener, healthier spaces, contributing to the global movement towards a more sustainable future and ensuring cleaner air for generations to come.



500  
Trees Planted

Across various locations

1000  
Seed Balls

Distributed for reforestation



## The Need for Environmental Sustainability in 2022-23

In **2022-23**, the need for **environmental sustainability** has never been more pressing. The world continues to face alarming rates of **deforestation**, **air pollution**, and the degradation of **natural ecosystems**. As urbanization increases, green spaces are shrinking, leading to a loss of biodiversity, lower air quality, and reduced natural resources that communities depend on for survival.

Additionally, the effects of **climate change** are becoming more evident, with rising temperatures, erratic weather patterns, and increasing natural disasters threatening the well-being of communities globally. There is a critical need to **combat deforestation**, improve **air quality**, and restore ecosystems through **sustainable practices**. The importance of **environmental education** is also growing, as communities must understand the profound impact trees and green spaces have on combating climate change, improving health, and creating a more sustainable future for all. This highlights the urgent need to take action today to ensure a healthier and greener planet for future generations.

# Tree Plantation Contribution in 2022-23

In 2022-23, Uthirathin Uthavigal Charitable Trust continued its commitment to environmental sustainability through the Tree Plantation Initiative. Recognizing the urgent need to combat deforestation, improve air quality, and restore natural ecosystems, the Trust expanded its efforts by planting trees in both urban and rural areas, creating green spaces that benefit local communities.

This year, we successfully planted 500 trees across various locations in tamilnadu and Andhra Pradesh, including native species that contribute to local biodiversity, improve soil quality, and enhance the overall health of ecosystems. In addition to the tree planting, the Trust distributed 1,000 seed balls to ensure the long-term growth of plants in areas where direct planting is challenging, such as barren land or dry regions. These seed balls, which are a mixture of soil, compost, and seeds, help in reforestation and support the growth of trees in harsh conditions, improving the chances of their survival.

Along with planting and distributing seed balls, we organized community events and awareness campaigns to educate people about the importance of trees and the positive impact they have on the environment. The involvement of local communities in these activities has played a vital role in fostering environmental responsibility and creating a collective effort to preserve and nurture our planet.

Through these efforts, Uthirathin Uthavigal Charitable Trust is helping to create greener, healthier environments and contribute to a sustainable future. By planting trees and distributing seed balls, we are not only improving air quality but also ensuring that future generations inherit a planet with restored ecosystems and abundant natural resources.

## Trees Planted

This year, we successfully planted 500 trees and More than 1000 seed Balls distributed across various locations in tamilnadu and Andhra Pradesh



# Disaster Relief Efforts



## Emergency Supplies

Providing food, water, and essential health kits



## Medical Camps

Organizing mobile medical camps in affected areas



## Rehabilitation

Assisting to stay in alternative homes and supported for livelihoods





## Disaster Relief by Uthirathin Uthavigal Charitable Trust in 2022-2023

In the year **2022-2023**, **Uthirathin Uthavigal Charitable Trust** remained steadfast in its commitment to provide immediate and effective relief to communities affected by natural disasters. Our disaster relief efforts were aimed at alleviating the suffering of individuals and families who faced sudden calamities, ensuring that they received essential aid during their most challenging times.

Throughout the year, we responded to several natural disasters, including floods, cyclones, and other extreme weather events, with rapid mobilization of resources. Our first priority was to provide **emergency food supplies**, including dry rations, clean drinking water, and essential health kits, to the affected areas. Recognizing the urgency of healthcare needs during such crises, we organized mobile medical camps, offering free consultations, medicines, and treatments for those suffering from injuries or illness due to the disaster.

In addition to providing immediate relief, we focused on the **rehabilitation and rebuilding** of affected communities. We distributed **clothing, blankets, and shelter materials**, helping families rebuild their homes and regain a sense of stability. Our team also provided **financial assistance** to households that lost their livelihoods, helping them recover economically and get back on their feet.

Through our **disaster relief efforts in 2022-2023**, we were able to provide critical support to thousands of individuals and families in distress. However, we know that this work is never truly finished. The Trust remains committed to not only providing immediate relief but also investing in long-term preparedness and recovery for affected communities. Our goal is to ensure that communities are not only able to recover from disasters but are also better equipped to face future challenges with resilience and hope.

As we look to the future, **Uthirathin Uthavigal Charitable Trust** will continue to work alongside local authorities, partners, and donors to strengthen our disaster relief response, ensuring that no one is left behind during times of crisis.

# Financials

Uthirathin Uthavigal Charitable Trust  
No 909, MG Complex, 12th Central Cross Main Road, MKB Nagar, Chennai - 600 039

Assessment Year 2023-2024  
Balance Sheet as at 31.03.2023

Particulars	Sch No	31.3.2023	31.3.2022
<b>Liabilities</b>			
Capital	1	25,482	222,728
Current liabilities	2	159,367	-
<b>Total</b>		<b>184,849</b>	<b>222,728</b>
<b>Assets</b>			
Fixed Assets	3	142,608	75,102
Current Assets	4	42,241	147,626
<b>Total</b>		<b>184,849</b>	<b>222,728</b>

As per Information and Explanations produced before us,  
For Monika Hari & Associates  
Chartered Accountants  
FRN: 025980S



(Ms MONIKA H)  
Partner  
Membership no. 267624

For UTHIRATHIN UTHAVIGAL CHARITABLE TRUST  
M. Shanmuga Sundar  
Managing Trustee

M SHANMUGA SUNDAR  
Founder and President

Uthirathin Uthavigal Charitable Trust  
No 909, MG Complex, 12th Central Cross Main Road, MKB Nagar, Chennai - 600 039

Assessment Year 2023-2024  
Income and Expenditure Account for the year ended 31.03.2023

Particulars	Sch No	Period ended 31st March, 2023	Period ended 31st March, 2022
<b>Income:</b>			
Direct income	5	763,605	254,300
<b>Total A</b>		<b>763,605</b>	<b>254,300</b>
<b>Expenses:</b>			
Direct expenses	6	617,424	-
Indirect expenses	7	343,427	252,131
<b>Total B</b>		<b>960,851</b>	<b>252,131</b>
<b>Excess of Income Over Expenditure</b>		<b>(197,246)</b>	<b>2,169</b>

As per Information and Explanations produced before us,  
For Monika Hari & Associates  
Chartered Accountants  
FRN: 025980S

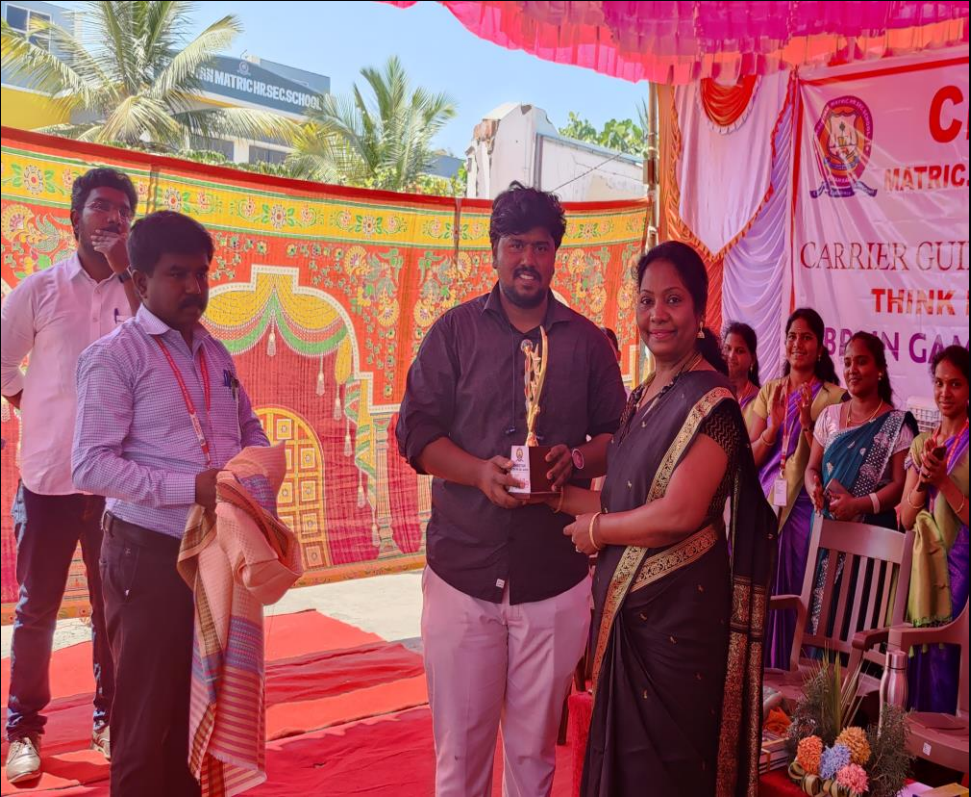


(Ms MONIKA H)  
Partner  
Membership no. 267624

For UTHIRATHIN UTHAVIGAL CHARITABLE TRUST  
M. Shanmuga Sundar  
Managing Trustee

M SHANMUGA SUNDAR  
Founder and President

# Awards and Honors





# We Thank You

With Hope and Responsibilities



## Uthirathin Uthavigal Charitable Trust

Register Under Govt of India. Since 2014

12A, 80G, CSR, Certified NGO

[www.uthavigal.org](http://www.uthavigal.org) Email Id: [Helpingthoughts@uthavigal.org](mailto:Helpingthoughts@uthavigal.org)

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