

Uthirathin Uthavigal Charitable Trust

Love and Hope Can Change Many Lives

Annual Report
2021-22





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Our Mission and Vision

Mission

We (Uthirathin Uthavigal Charitable Trust) are dedicated to transforming the lives of orphans, underprivileged children, women, and families in need through education, health support, and empowerment. Our mission is to create a nurturing environment where every individual has the opportunity to thrive, learn, and achieve their dreams.

Vision

We envision a world where every child, woman, and family, regardless of their circumstances, has access to quality education, emotional support, and resources that foster personal and economic growth. Empowering individuals and communities is essential for building a brighter future for all.



Message from the Founder

Greeting to All

As I reflect on the incredible journey of **Uthirathin Uthavigal Charitable Trust**, founded in 2014, in 2021-2022, I am filled with immense gratitude for everything we've achieved together. This year has been one of perseverance, growth, and transformation. Despite the challenges that came our way, we continued to focus on our mission of uplifting those who are most in need—orphans, semi-orphans, widows, repatriates, the elderly, differently-abled individuals, and marginalized communities. Through our core programs in education, healthcare, and livelihood support, we've witnessed the power of love, compassion, and action in changing lives. As **Mahatma Gandhi** said, "The best way to find yourself is to lose yourself in the service of others." This truth has been the heart of our work. Our efforts go beyond charity; we provide opportunities for individuals to stand on their own feet, to live with dignity, self-worth, and hope for the future. This year, we were able to expand our programs, reach more people, and strengthen our impact in communities. But none of this would have been possible without the dedication and support of our donors, volunteers, and partners. Your belief in our mission and your commitment to making a difference have been the driving forces behind every success. I cannot thank you enough for your generosity and trust.

Looking ahead, I am filled with hope and excitement for the future. There is still much to be done, and I invite you to continue walking this path with us. As **Mother Teresa** wisely said, "Not all of us can do great things. But we can do small things with great love." Let us deepen our resolve to spread kindness, compassion, and empathy. Let us ensure that no individual is left behind. Our shared vision is to create a world where every person can say, "I am living by you," not "I am living for you," where individuals are empowered to take charge of their lives and realize their full potential. Together, we can build a future where people are seen, heard, and cared for—where they are given the tools and support to thrive. As **Winston Churchill** once said, "We make a living by what we get, but we make a life by what we give." I am confident that with your continued support, we will continue to make a meaningful difference in the lives of those who need it most, and together, we will build a brighter, more compassionate world.



With heartfelt gratitude,
Shanmuga Sundar
Founder & President
Uthirathin Uthavigal Charitable Trust



Our TEAM !



SHANMUGA SUNDAR
PRESIDENT



SELVA KUMAR
SECRETARY



VIJAYA KUMAR
SENIOR ADVISOR



SATHISH
TREASURER



RAJESH KUMAR
TRUSTEE



ARUN PRAKSH
TRUSTEE



SHANBHAGAVALLI
CSR HEAD



SHANMUGAN MANIYAN
YOUTH WING SECRETARY



ANJALI SURESH
PROJECT HEAD



IYSWARYA
STUDENT WING HEAD



DEEPA MOORTHY
WOMENS WING SECRETARY



SARAN RAJ
HEALTH PROGRAM OFFICER

Our Supporting Partners



Sirpigal IAS Academy



Our Impact: By the Numbers

1200+

Education

Lives impacted through educational initiatives

800

Healthcare

Individuals received medical assistance

10K+

Nutrition

People fed through our initiatives

250

Women Empowered

Through skill development and support

1500

Trees and Seed Balls

Planted and Distributed

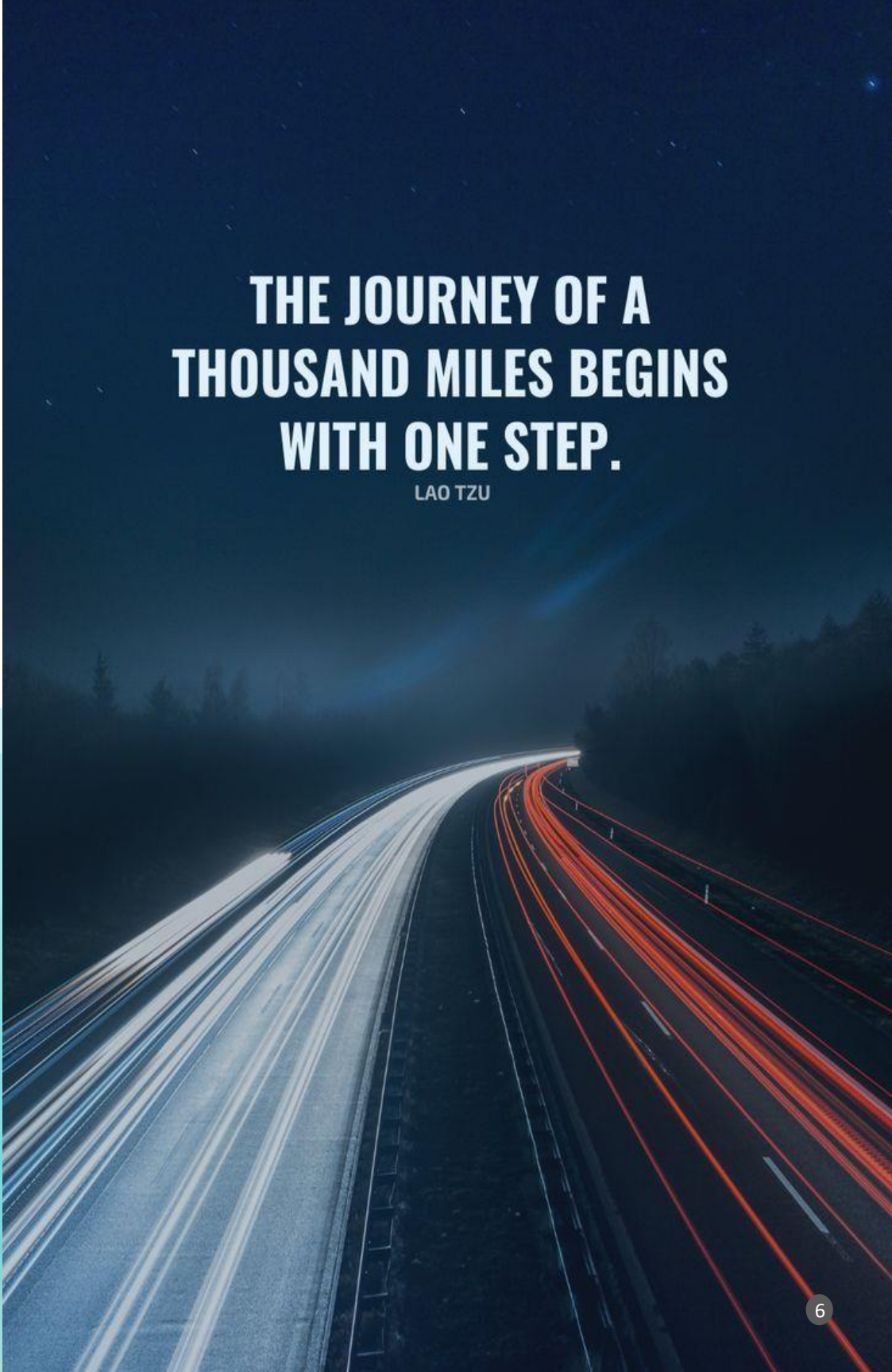
200

Families got help and support

In our Disaster Relief

THE JOURNEY OF A
THOUSAND MILES BEGINS
WITH ONE STEP.

LAO TZU



Education

Uthirathin Uthavigal Charitable Trust recognizes that education is one of the most powerful tools to break the cycle of poverty and exclusion. It opens doors to employment, fosters understanding on important social issues, and enhances awareness of one's rights and responsibilities.

In 2014, we launched our flagship program, **“ZERO TO HERO” - Educate to Empower**, with the mission of empowering underprivileged communities. As we reflect on the year 2021-2022, this program continues to make a transformative impact. Through **ZERO TO HERO**, we provide not only education but also nutrition and healthcare support to children in need, ensuring they have the resources and opportunities to grow, learn, and thrive. Our focus remains on uplifting these children, equipping them with the knowledge and skills to create a brighter, more equitable future for themselves and their communities.

Through this program, we are building pathways for change, offering hope and a solid foundation for future success. It is our unwavering belief that empowering children today will lay the groundwork for a more prosperous tomorrow, and we are proud to continue this work in 2021-2022 and beyond.



Where we focus...!

Uthirathin Uthavigal Charitable Trust recognizes that education is one of the most powerful tools for breaking the cycle of poverty and exclusion. In today's world, access to quality education is not just a privilege but a fundamental right that opens doors to employment, fosters understanding, and enables individuals to fully participate in society. Unfortunately, many children in underprivileged communities still face significant barriers to receiving an education. These barriers include lack of resources, inadequate healthcare, poor nutrition, and the absence of support systems that can guide them towards a brighter future.

In response to these challenges, in 2014, we launched our flagship program, **“ZERO TO HERO” - Educate to Empower**, with the goal of addressing the critical needs of underprivileged children. Throughout 2021-2022, this program has continued to meet the increasing need for education, nutrition, and healthcare support in marginalized communities. By providing essential resources, we ensure that children are equipped to thrive, not just academically, but physically and emotionally as well. Through **ZERO TO HERO**, we are creating pathways out of poverty, giving children the tools they need to break the cycle of hardship and build a future filled with opportunity.

The need for such initiatives has never been greater, as the challenges faced by vulnerable communities continue to grow. Through our program, we are determined to empower these children, ensuring they have the education and support needed to rise above their circumstances and reach their full potential. Together, we are making strides toward a brighter and more equitable future for them and for generations to come.



Where we focus...!

The Educational awareness session conducted by Uthirathin Uthavigal Charitable Trust in Namakkal in 2021 was a well-organized event aimed at empowering students through education and career guidance. The event saw the participation of around 1,500 students from various schools and educational institutions in the region. The session's primary goal was to create awareness about the importance of education and provide insights into various career paths, especially for students from rural and underserved communities.

The highlight of the event was the presence of Mr. Kaliyamoorthy, IPS, as the chief guest. His inspiring speech focused on the significance of discipline, determination, and time management in achieving academic and professional success. Drawing from his own journey as an officer, Mr. Kaliyamoorthy encouraged the students to pursue their dreams with confidence and not be deterred by challenges. He also emphasized the role of education in shaping one's character and future.

In addition to career motivation, the session covered essential topics like the evolving job market, the importance of skill development, and the various academic opportunities available to students. Students were also encouraged to stay informed about the diverse fields of study, including science, technology, engineering, arts, and entrepreneurship.

The event included interactive segments, where students had the opportunity to ask questions and engage with the guest speaker. The trust also distributed educational materials, pamphlets, and brochures containing valuable information regarding scholarships, exam preparation tips, and career guidance resources.

Overall, the session was a huge success, inspiring the students and giving them a renewed sense of direction and purpose. The Uthirathin Uthavigal Charitable Trust's commitment to fostering educational awareness continued to shine through this initiative, providing much-needed motivation and support to the future generation of Namakkal.





What we did for Education:

Uthirathin Uthavigal Charitable Trust made significant strides in its educational initiatives during the year **2021-2022**, furthering our mission to empower underprivileged children and communities through access to quality education. As part of our flagship program, **“ZERO TO HERO” - Educate to Empower**, we continued to break the barriers that prevent children in marginalized communities from achieving their educational potential.

Throughout 2021-2022, we focused on ensuring that children received not only academic support but also the essential resources needed for their overall well-being. We distributed essential school supplies, uniforms, and textbooks to children, ensuring that they had everything necessary to succeed in their studies. In addition, we continued to provide nutritious meals, understanding that proper nutrition is crucial for cognitive development and academic performance. The health and well-being of the children were prioritized, ensuring they were physically equipped to learn and thrive.

In addition to educational support, we ensured that children had access to basic healthcare services, including regular health check-ups, vaccinations, and medical treatments where needed. This holistic approach allowed children to stay healthy, attend school regularly, and focus on their studies. Recognizing the financial challenges faced by many families, we provided scholarships and financial assistance to children, enabling them to continue their education without the burden of financial strain.



Our commitment to improving the quality of education extended to teacher training programs, enhancing the skills of educators to provide more effective and inclusive learning experiences. Through these contributions, **Uthirathin Uthavigal Charitable Trust** has played a pivotal role in ensuring that children in underprivileged communities not only have access to education but also have the opportunity to excel. Our focus on holistic support has allowed children to grow academically, emotionally, and physically, creating a foundation for a brighter future.

As we move forward, our commitment to expanding educational opportunities remains steadfast. With the continued support of our donors, volunteers, and partners, we will keep working towards a world where every child—regardless of their background—has access to the education and resources they deserve.

The Turning Point Story of Monisha

Monisha, a bright and hardworking 10th-grade student, was raised in very poor Family by her single mother, who works tirelessly as a housemaid to provide for Monisha and her younger sibling. Despite the financial struggles they faced, Monisha has always been passionate about her studies, knowing that education is her way out of poverty.

Monisha's journey took a positive turn when she became a part of Uthirathin Uthavigal Charitable Trust's ZERO TO HERO: Educate to Empower program. The Trust provided her with study materials, nutritious meals, and healthcare, which alleviated some of the financial pressure on her mother. Monisha also received academic support, which helped her improve her grades and focus on her education without the constant worry of survival.

Monisha dreams of becoming a teacher one day, motivated by the desire to help children from underprivileged backgrounds just like her. With the encouragement of the Trust's mentors and the resources provided, Monisha is more determined than ever to achieve her goals.

Today, Monisha excels in her studies, and her story serves as an inspiration to other children in her community. Despite the challenges of growing up in a single-parent household and facing financial hardships, Monisha continues to chase her dream of education, proving that with determination and the right support, nothing is impossible.



கற்றபின் நிற்க அதற்குத் தக!

Sirpigal IAS Academy

உதிரத்தின் உதவிதான் அறக்கட்டளை

Uthirathin Uthavigal Charitable Trust

Charitable Trust, FCRA Certified NGO

எல்லா வயதில் உள்ளவர்களுக்கும்

தொழில் நுட்பத்திற்கு உதவித்தருகிறோம்.

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கற்றபின் நிற்க அதற்குத் தக!

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The Turning Point Story of Navanitha:

Navanitha, a bright and ambitious 12th-grade student, grew up in an urban slum area with her single mother, who worked as a street vendor to support their family. Despite her mother's hard work, they faced constant financial struggles, making it difficult to afford the basics for Navanitha's education. However, Navanitha never gave up on her dream of achieving a better life through education.

Her life changed when she became a part of Uthirathin Uthavigal Charitable Trust's ZERO TO HERO: Educate to Empower program. The Trust provided her with study materials, nutritious meals, and healthcare, helping reduce the financial burden on her mother. With academic support from the Trust, Navanitha was able to focus on her studies and improve her grades, excelling in her 12th-grade exams.

Navanitha dreams of becoming an **Indian Administrative Service (IAS)** officer, driven by a deep desire to serve her community and bring about change. With the Trust's encouragement and resources, she is now preparing for the **IAS exams**, confident that she can overcome any obstacles in her path.

Today, Navanitha is more determined than ever to achieve her goal. Her story is a powerful reminder of the transformative power of education and the impact of support. Despite growing up in an urban slum area and being raised by a single parent, Navanitha continues to chase her dreams, proving that with determination and the right resources, anything is possible.

Health Care Project

In 2021-22, Uthirathin Uthavigal Charitable Trust further strengthened its commitment to providing essential healthcare through the "**Health on Wheels**" mobile healthcare initiative, which was launched in 2016. The Program was designed to ensure that affordable and accessible healthcare reaches those in the most underserved communities, particularly individuals who live in urban slums, remote villages, and hard-to-reach areas.

The mobile medical units have been a lifeline, bringing primary healthcare directly to the doorsteps of disadvantaged populations. Throughout 2021-22, we continued to focus on maternal and child health, ensuring that women and children—the most vulnerable groups—receive critical healthcare services like vaccinations, health check-ups, pre-natal care, and postnatal support. Our goal has always been to reduce healthcare disparities and ensure that every woman and child, no matter where they live, receives the medical care they deserve.

By providing essential medical services and health education, the Health on Wheels Program helped improve the quality of life for many, allowing us to create healthier communities. In 2021-22, our initiative reached thousands of individuals, making a significant impact on reducing healthcare gaps and building stronger, healthier societies.





Where we focus...!

The need for the Health on Wheels - Mobile Healthcare Program arises from the significant barriers faced by underserved communities in accessing essential healthcare. Many individuals in urban slums, remote villages, and hard-to-reach areas struggle due to geographic isolation, lack of nearby healthcare infrastructure, and limited financial resources. These challenges often prevent people from seeking medical attention, leading to untreated illnesses and poor health outcomes. Vulnerable groups, particularly women and children, are at greater risk, facing complications from lack of prenatal care, vaccinations, and routine health check-ups. The absence of affordable and accessible healthcare exacerbates disparities in health and well-being.

Furthermore, many underserved communities suffer from a lack of health education, preventing people from understanding the importance of preventive care, healthy practices, and when to seek medical help. The Health on Wheels Program aims to address these gaps by bringing essential healthcare services directly to people's doorsteps. By offering vaccinations, health check-ups, maternal care, and health education, the initiative ensures that individuals in these hard-to-reach areas receive timely medical attention and preventive care, ultimately improving their quality of life and reducing healthcare inequalities.



What we did!

In 2021-22, the Uthirathin Uthavigal Charitable Trust made impactful contributions to healthcare by expanding and strengthening its Health on Wheels - Mobile Healthcare Program. This initiative, which has been in place since 2016, aims to address the critical healthcare needs of underserved populations in urban slums, remote villages, and difficult-to-reach areas. Many of these communities face severe barriers to healthcare access due to geographic isolation, economic constraints, and the absence of healthcare infrastructure. In response, the Trust deployed mobile medical units to deliver essential healthcare services directly to these communities, ensuring that people living in the most marginalized areas receive the medical care they need without the burden of travel or high costs.

A key focus of the Program in 2021-22 was on maternal and child health, with the Trust recognizing these groups as particularly vulnerable. It provided critical services such as vaccinations, regular health check-ups, pre-natal care, and postnatal support. These services are vital for preventing complications during pregnancy, ensuring healthy childbirth, and reducing infant mortality. In addition to these direct medical services, the Trust worked to increase health awareness within these communities, educating individuals about disease prevention, hygiene practices, and the importance of regular health screenings. This focus on health education helped people better understand how to maintain their health and when to seek medical help, reducing the occurrence of preventable diseases and improving overall well-being.



The Health on Wheels Program reached thousands of individuals in 2021-22, significantly improving their access to healthcare. The mobile units, which are equipped with medical professionals and essential supplies, bridged the gap between urban and rural healthcare systems, providing care to individuals who might otherwise never have received it. This effort played a crucial role in reducing healthcare inequalities by targeting the most vulnerable and hard-to-reach populations, thus contributing to building stronger, healthier communities. The Trust's ongoing commitment to affordable, accessible, and timely healthcare has had a lasting impact on improving public health and reducing disparities in health outcomes across the regions it serves.

Feed the Needy Project (2021-22)

In 2021-22, the Uthirathin Uthavigal Charitable Trust reinforced its commitment to tackling hunger and food insecurity through the Feed the Needy Project. Understanding the critical role of basic nutrition in breaking the cycle of poverty, the Trust aimed to provide not just food, but the foundation for a healthier, more productive life. Access to proper nourishment is fundamental not only for survival but also for enabling individuals to pursue education, employment, and self-reliance, ultimately leading to enhanced well-being and a brighter future.

Throughout the year, the Feed the Needy Project specifically focused on supporting vulnerable communities such as children, the elderly, daily wage workers, and the homeless. The Trust distributed nutritious meals, food packages, and vital nutritional support to those struggling with hunger, ensuring that no individual was left without sustenance. These efforts have contributed to improving the quality of life for many, offering them a chance to overcome immediate food insecurity and build a path toward a stronger, healthier, and more inclusive society. Through this initiative, the Trust is working towards a future where everyone has access to the resources necessary to live with dignity, health, and opportunity.




“Let's Help
the Children
of God!”

Where we focus...!

The need for the Feed the Needy Project in 2021-22 arose from the persistent issue of hunger and food insecurity that affects large segments of the population, particularly those in vulnerable circumstances. Many individuals in underserved communities, including children, the elderly, daily wage workers, and the homeless, face daily struggles to secure even one nutritious meal. These groups are disproportionately affected by poverty, economic instability, and lack of access to resources, making them more susceptible to malnutrition and related health issues. Without proper nourishment, these individuals are unable to pursue education, employment, or maintain a healthy lifestyle, perpetuating a cycle of poverty and limiting opportunities for advancement.

In such circumstances, the need for immediate intervention to provide nutritious food and sustenance becomes urgent. Basic nutrition is essential not only for survival but also for fostering growth, improving health, and empowering individuals to seek better opportunities. Without this foundation, it is nearly impossible to break free from the cycle of poverty and achieve long-term well-being. The Feed the Needy Project aimed to address this pressing issue by ensuring that those in need receive meals, food packages, and nutritional support to help improve their overall health and provide a pathway toward a more productive and dignified life.



The Greatest
Good is what we do
for one another!

Let's give what we can!

What we did!

Our Contribution:

In 2021-22, the Uthirathin Uthavigal Charitable Trust made a substantial contribution to addressing hunger and food insecurity through its Feed the Needy Project. This initiative was launched to support the most vulnerable segments of society who face constant struggles to access basic nutrition. The Trust focused on providing nutritious meals, food packages, and nutritional support to individuals in dire need, including children, the elderly, daily wage workers, and the homeless. These groups are often the most impacted by poverty, economic instability, and lack of resources, and are particularly vulnerable to the effects of malnutrition. Without consistent access to healthy food, these individuals suffer from weakened immune systems, poor physical and mental development, and diminished opportunities for education and employment.

The Feed the Needy Project aimed to break the cycle of hunger and poverty by addressing both immediate food needs and providing a foundation for improved health and well-being. Throughout 2021-22, the Trust distributed nutritious meals and food packages to communities in need. The goal was not just to provide temporary relief but to enable individuals to regain strength and pursue healthier, more fulfilling lives. Children received food that was essential for their growth and development, while elderly individuals were provided with meals tailored to meet their nutritional requirements. Daily wage workers and those without stable incomes often go without sufficient food, especially during times of economic hardship or crisis, making it crucial for the Trust to step in and provide consistent support. For the homeless, who lack access to regular meals and proper nutrition, the project served as a lifeline, ensuring that they had the resources necessary for survival and better health outcomes.



Blessed-
Those who help
others!

www.uthavigal.org



What we did!

In addition to addressing hunger, the Feed the Needy Project played a crucial role in empowering individuals to improve their future opportunities. Proper nutrition is not just about survival; it is about creating the conditions for individuals to have the strength and energy to pursue education, employment, and self-reliance. By ensuring that people were well-nourished, the project contributed to helping individuals become more productive, reduce their dependency on charity, and ultimately regain a sense of dignity. Moreover, by providing access to nutritious food, the Trust helped reduce the risk of diseases related to malnutrition, such as anemia, vitamin deficiencies, and other preventable health conditions.

The Trust's efforts in 2021-22 went beyond the immediate relief of hunger, focusing on the long-term well-being of individuals and communities. The Feed the Needy Project has had a profound impact on the overall quality of life for thousands of people who would otherwise have gone without the resources needed to maintain their health and strength. By providing regular meals and food support, the Trust ensured that the most marginalized individuals could live healthier lives, reduce their vulnerability to illness, and access better opportunities in the future.

In addition to providing food aid, the Trust also sought to raise awareness about hunger and food insecurity as key issues in the fight against poverty. It is not enough to provide just a meal; it is essential to understand the root causes of food insecurity, which often include lack of income, unemployment, underemployment, and inadequate social safety nets. The Trust's work, therefore, also included efforts to encourage sustainable development in the long term, aiming to address the structural issues that contribute to poverty and food insecurity.



In conclusion, the Feed the Needy Project by Uthirathin Uthavigal Charitable Trust in 2021-22 made a significant and lasting contribution to alleviating hunger and improving the quality of life for vulnerable individuals. By providing nutritious meals, food packages, and health support, the project not only addressed immediate food needs but also contributed to the empowerment of individuals, helping them lead healthier and more productive lives. This initiative was a crucial part of the Trust's ongoing mission to reduce poverty, improve health outcomes, and create more inclusive societies, where everyone has the opportunity to live with dignity, health, and opportunity.

Women Empowerment Program (2021-22)

In 2021-22, the **Uthirathin Uthavigal Charitable Trust** continued to reinforce its commitment to women's empowerment through the Women Empowerment Program. Initially launched in 2015, the Program focuses on supporting marginalized and socially-excluded women and adolescent girls, providing them with essential tools and resources to overcome societal barriers and create brighter, more promising futures. Throughout the year, the Program aimed to uplift women by offering educational opportunities, life skills training, and resources that enable them to make informed decisions about their health and well-being.

A major focus of the Program was the development of leadership skills, encouraging women to take on active roles as leaders and change-makers in their communities. By empowering women to become influential voices, the Trust worked toward building a society where women are seen as equal contributors to decision-making and social change. Additionally, the Program emphasized the importance of gender equality by involving men and boys in the initiative, fostering a more inclusive and supportive environment for everyone. The Trust's mission is to help women realize their full potential, contributing to a world where women are equally represented as leaders, advocates, and change makers in their communities, ultimately promoting a more equitable and just society.



The need for the Women Empowerment Program in 2021-22 arose from the deep-rooted gender inequality and social exclusion faced by many women and adolescent girls, particularly in marginalized communities. Despite significant progress in some areas, women continue to face barriers such as limited access to education, healthcare, and economic opportunities, as well as persistent cultural and social norms that restrict their ability to make decisions about their own lives. These inequalities often prevent women from realizing their full potential, leading to cycles of poverty, poor health, and social exclusion.

Furthermore, there is a critical need to address gender-based violence, discrimination, and unequal access to resources. Women in many communities still lack leadership opportunities, which prevents them from becoming active participants in shaping their futures and advocating for change. Adolescent girls often face early marriage, child labor, and limited educational access, limiting their opportunities for personal growth. The Program was created to break these cycles, offering women and girls the tools, education, and life skills needed to empower themselves, improve their health, and build a more equitable future for themselves and their communities.



What we did!

In 2021-22, the Uthirathin Uthavigal Charitable Trust made significant strides in promoting women's empowerment through its Women Empowerment Program. The initiative focused on marginalized and socially-excluded women and adolescent girls, equipping them with the necessary tools, resources, and skills to overcome societal barriers and build better futures. The Trust provided educational opportunities, life skills training, and resources to help women make informed decisions regarding their health and well-being.

A key aspect of the Program was the development of leadership skills, empowering women to take on more influential roles within their communities. The Trust also emphasized the importance of gender equality, engaging men and boys in the movement for social change. This holistic approach fostered a more inclusive and supportive society for all, contributing to women's ability to become leaders, change-makers, and advocates for a more equitable society. Through this work, the Trust continued its mission of helping women unlock their full potential and create lasting, positive change in their communities.



Benefitted:

In 2021-22, the Women Empowerment Program by the **Uthirathin Uthavigal Charitable Trust** benefitted a total of **250 women** and adolescent girls from marginalized and socially-excluded communities. The initiative provided them with educational opportunities, life skills training, and resources to make informed decisions about their health and well-being. Through these efforts, the Program empowered these women to take on leadership roles, promoting gender equality and fostering a more inclusive and supportive society.



Women Empowerment Program (2021-22)

The Story of Pooja:

From Struggles to Success as an Engineer

Pooja, a bright and ambitious young woman, grew up in a challenging environment. Raised by her single mother, who worked tirelessly as a housemaid, Pooja's family faced constant financial struggles. Despite the hardships, her mother always emphasized the importance of **education** and encouraged Pooja to pursue her dreams, even though the resources available to them were extremely limited.

Pooja's dream was to become an engineer and contribute to society through her skills. However, the path to achieving this goal seemed almost impossible due to financial constraints. The cost of education and the lack of proper guidance left her feeling uncertain about her future. But Pooja never gave up. She continued to study hard, and her determination was unwavering.

In a pivotal moment, Uthirathin Uthavigal Charitable Trust recognized Pooja's potential and passion. The Trust offered her the much-needed financial support, mentorship, and access to resources to pursue her dream of becoming an engineer. Through their assistance, Pooja was able to attend an engineering college, where she excelled in her studies and developed her technical skills.

Today, Pooja stands as a proud engineer, working in a reputed company and contributing to meaningful projects. Her journey from a challenging childhood to becoming a successful professional is a testament to the transformative power of education and support.



With the help of Uthirathin Uthavigal Charitable Trust, Pooja not only achieved her dream but has also become an inspiration to others, proving that with determination, support, and hard work, any barrier can be overcome. She now hopes to give back to her community and inspire the next generation to dream big.

Women Empowerment Program (2021-22)

The Story of Charulatha: From Struggles to Graduation

Charulatha, a young woman from a rural background, grew up facing financial hardships after her father passed away. Raised by her single mother, who worked as a day laborer, Charulatha's family struggled to make ends meet. Despite the challenges, her mother always stressed the importance of education as the key to breaking the cycle of poverty. Charulatha shared her mother's dream of achieving a brighter future through education, but the cost of continuing her studies was a major obstacle.

Determined to pursue her dream of becoming a graduate, Charulatha worked hard in school, excelling in her academics. However, the financial burden of tuition fees, books, and other educational expenses made it difficult for her to continue her studies. She often wondered if she would ever be able to fulfill her dreams and make her mother proud.

That's when Uthirathin Uthavigal Charitable Trust stepped into her life. The Trust recognized Charulatha's potential and offered her the financial support and resources she needed to continue her education. With the help of the Trust, Charulatha was able to enroll in a graduation program, covering her tuition fees and providing her with study materials and mentorship.

After years of hard work and dedication, Charulatha proudly graduated and received her degree. Her success is not just a personal achievement but a testament to the power of support and education.



Today, Charulatha works in her chosen field and aspires to inspire other young women in her community to pursue their dreams, no matter the obstacles they face.

Through the unwavering support of Uthirathin Uthavigal Charitable Trust, Charulatha has transformed her life. She now stands as a graduate, ready to contribute to society, and continues to be a beacon of hope for others striving to overcome adversity.

Environmental Sustainability and Tree Plantation (2021-22)

In 2021-22, the Uthirathin Uthavigal Charitable Trust continued its dedication to environmental sustainability through its Tree Plantation Initiative, which was launched in 2014. The Trust understands that protecting the environment is not just crucial for the well-being of today's population but also vital for future generations. Environmental degradation, particularly deforestation, poses significant threats to biodiversity, air quality, and the overall health of our ecosystems.

The Tree Plantation Initiative focuses on planting trees across both urban and rural areas to help mitigate the effects of deforestation, restore natural habitats, and enhance air quality. The Trust also works to educate communities about the importance of trees in maintaining a healthy environment and fostering a culture of environmental responsibility. By equipping local communities with knowledge about how trees contribute to the ecosystem, the Program helps build a deeper connection between people and the environment. In 2021-22, the initiative expanded its efforts to create greener, healthier spaces, promoting a sustainable future and ensuring cleaner air for generations to come.

**We
Love to save
our Mother Earth!**



Where we focus...!

The need for the Tree Plantation Initiative in 2021-22 stemmed from the growing environmental challenges caused by deforestation and the rapid degradation of ecosystems. Deforestation contributes significantly to biodiversity loss, reduced air quality, and the overall destabilization of natural environments. The lack of green spaces, especially in urban and rural areas, has resulted in poorer air quality, extreme temperature fluctuations, and the loss of natural habitats for wildlife. Additionally, climate change and soil erosion have further heightened the urgency of environmental conservation efforts.

There is an urgent need to combat deforestation and restore ecosystems by planting more trees, which play a critical role in mitigating climate change, improving air quality, reducing carbon emissions, and preventing soil erosion. Trees are essential in maintaining the balance of nature, and planting them can lead to healthier communities and a more sustainable future. Moreover, it is crucial to educate communities about the importance of environmental responsibility to build a more eco-conscious society that values and protects natural resources for the benefit of future generations.

Environmental Sustainability and Tree Plantation (2021-22)

What we did:

In 2021-22, the Uthirathin Uthavigal Charitable Trust made significant contributions to environmental sustainability through its Tree Plantation Initiative. The Trust focused on planting trees in both urban and rural areas to help combat deforestation, restore natural ecosystems, and improve air quality. In addition to planting trees, the initiative also included the distribution of 500 seed balls, further expanding efforts to restore green cover in areas that may be difficult to access. These seed balls were designed to promote natural reforestation and improve the ecosystem's biodiversity.

By engaging local communities in the process, the initiative not only contributed to creating greener environments but also educated people about the critical role of trees in maintaining a healthy ecosystem and combating climate change. The Trust's efforts in 2021-22 helped create greener, healthier spaces, enhancing the overall environmental quality of the areas where the trees and seed balls were planted. These expanded efforts supported the global movement toward sustainability and ensured cleaner air and a healthier environment for both present and future generations. The Tree Plantation Initiative also fostered a greater sense of environmental responsibility among local communities, encouraging them to actively contribute to protecting and nurturing the environment.



Disaster Relief

During the year 2021-2022, Uthirathin Uthavigal Charitable Trust continued its unwavering commitment to supporting communities in times of crisis. In response to several natural disasters, including floods, cyclones, and other extreme weather events, we mobilized resources quickly and efficiently to provide immediate relief to those in need.

Our disaster relief efforts focused on ensuring that affected communities received **essential food supplies**, clean drinking water, and emergency health kits. We also prioritized the provision of **shelter materials**, such as tents, blankets, and clothing, to help families who had lost their homes. Recognizing the importance of healthcare during such crises, we set up **mobile medical camps** in disaster-hit areas, offering free medical consultations and treatment to those affected by injuries, illness, and the spread of disease due to the disaster. In addition to providing immediate relief, we extended our support to help families and communities **rebuild their lives**. We provided **financial assistance** to those who had lost their livelihoods, ensuring that they could begin to recover economically. Our focus was not only on restoring the basic needs of affected individuals but also on empowering them to regain their sense of security and stability.


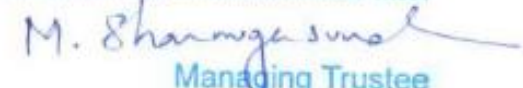
Through our efforts in 2021-2022, Uthirathin Uthavigal Charitable Trust was able to bring hope and relief to thousands of families affected by disasters. Our work went beyond the immediate response, as we continued to support long-term recovery and rehabilitation efforts, ensuring that affected communities were able to rebuild their lives and strengthen their resilience.

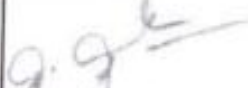

We remain dedicated to being a source of aid and hope in times of crisis and are committed to improving our disaster relief efforts in the future. With the ongoing support of our donors, volunteers, and partners, we will continue to stand by the communities in need, helping them recover and rebuild a better future.

Flood Relief in Chennai (10th 11th 12th of November 2022)



Our Financials

UTHIRATHIN UTHAVIGAL CHARITABLE TRUST NO : 320, WEST AVENUE ROAD, MKB NAGAR, VYASARPADI, CHENNAI - 600 039.			
Balance Sheet as on 31 March 2022			
Liabilities	Amount Rs.	Assets	Amount Rs.
Capital Account		Fixed Assets	75102.625
Capital Account			
Opening Balance	220,559.00	Current Assets	
ADD : Current Year Expenses of		Loans & Advance	142,977.00
Income Over Expenditure	2,169.13	Cash-in-hand	4100.00
		Bank Balance	548.86
Total	222,728	Total	222,728
As per Information & Explanations Produced before us for S H A N & Associates Chartered Accountants FRN : 014769S  (A. Arun Kumar) Partner M.N : 231641 Place : Chennai Date : 30/09/2022			
For UTHIRATHIN UTHAVIGAL CHARITABLE TRUST  Managing Trustee (M. SHANMUGASUNDAR) FOUNDER AND PRESIDENT			

UTHIRATHIN UTHAVIGAL CHARITABLE TRUST NO : 320, WEST AVENUE ROAD, MKB NAGAR, VYASARPADI, CHENNAI - 600 039.					
Income & Expenditure For The Year Ended 31 st March 2022					
To	Expenditure	Amount Rs.	Amount Rs.	By	Income
	Rents	126,000.00			Donation Received
	Salaries and Wages	90,560.00			80G Donation Received
	Traveling Expenses	1,860.00			
	Bank Charges	534.00			
	EB Charges	6,480.00			
	Printing & Stationery	9,317.00			
	Telephone Charges	2,750.00			
	Depreciation	14,629.88	252,130.88		
	Excess of Income Over Expenses		2,169.13		
Total			254,300	Total	254,300
As per Information & Explanations Produced before us for S H A N & Associates Chartered Accountants FRN : 014769 S  (A. Arun Kumar) Partner M.N : 231641 Place : Chennai Date : 30/09/2022					
For UTHIRATHIN UTHAVIGAL CHARITABLE TRUST  Managing Trustee (M. SHANMUGASUNDAR) FOUNDER AND PRESIDENT					

Awards and Honors





■ சிற்பிகள் ஐ.ஏ.எஸ்., அகாடமி நிறுவனர் சண்முகசுந்தர் எழுதிய, வாழ்வியலை போதிக்கும் புத்தகங்களை, 'வாழ்வில் சாதிக்க, வீரியம் பெருக்கு' என்ற ஊக்கம் சார்ந்த நிகழ்ச்சியில், நெறியாளர் கோபிநாத் வெளியிட்டார்.

'வாழ்வியல்' புத்தகங்கள் வெளியீடு

நாமக்கல், அக். 7-

'உதிரத்தின் உதவிகள்' அறக்கட்டளை மற்றும் நாமக்கல் இன்போ இணைந்து நடத்திய, நாமக்கல் அஹிம்சா பட்டு மஹால் வழங்கிய 'வாழ்வில் சாதிக்க, வீரியம் பெருக்கு' என்ற ஊக்கம் சார்ந்த நிகழ்ச்சி நாமக்கல்லில் நடந்தது.

இதில் சிற்பிகள் ஐ.ஏ.எஸ்., அகாடமி நிறுவனர் சண்முக சுந்தர் எழுதிய, வாழ்வியலை போதிக்கக்கூடிய புத்தகங்கள், குறளின் குரல், ஊக்க மது கைவிடேல், செல்லும் பாதையில் ஆகிய புத்தகங்

களை, விஜய் 'டி.வி' நெறியாளர் கோபிநாத் வெளியிட்டார். அதை தங்கம் மருத்துவமனை நிறுவனர் டாக்டர் குழந்தைவேல், மல்லிகா குழந்தைவேல், அஹிம்சா பட்டு மானிகை நிர்வாக இயக்குனர் பாமாவதி சண்முகம், லட்சுமி குருப்ஸ் ஆஃப் கம்பெனி நிர்வாக இயக்குனர் ராஜா ராமசாமி, வென்லாக் பெயின்ட்ஸ் நிர்வாக இயக்குனர் பெரியசாமி, மீனா காஸ் உரிமையாளர் தென்பாண்டியன் நல்லுசாமி, எஸ்.எஸ்.பி., டயர்ஸ் நிர்வாக இயக்குனர் சுப்ரமணி ஆகியோர் பெற்றுக்கொண்டனர்.

நுகர்வோர் குறை

நாமக்கல், அக்.7-

நாமக்கல் கலெக்டர் அலுவலகத்தில் நேற்று நுகர்வோர் குறைதீர் கூட்டம் நடந்தது. கலெக்டர் ஸ்ரீசிங் தலைமை வகித்த இந்நிகழ்ச்சியில், திருச்செங்கோளம்.எல்.ஏ., ஈஸ்வர பங்கேற்று பேசியதாவது:

வாலரைகேட் மற்றும் கரட்டுப்பாளையம் ரேஷ்கடையை பிரித்து, புதிதாக அமைப்பது தொடர்பாக, ஜிலைல மாதம், கூட்டுறவு சங்கங்களின் இணைப்பதிவாளருக்கும், வட்டவழங்கல் அலுவலருக்கு

மினி மாரத்தான் போட்டி: 1,500 பேர் பங்கேற்பு

நாமக்கல், டி.ச. 2-

உலக இதய தினத்தையொட்டி நாமக்கல்லில் நடந்த மினி மாரத்தான் போட்டியில், 1,500 பேர் பங்கேற்றனர்.

உலக இதய தினத்தையொட்டி, நாமக்கல் இன்போ, உதிரத்தின் உதவிகள் அறக்கட்டளை, அஹிம்சா பட்டு மஹால் ஆகிய இணைந்து, மினி மாரத்தான் போட்டியை, நாமக்கல்லில் நடத்தின.

இரண்டு, மூன்று, ஐந்து கிலோமீட்டர் என, மூன்று பிரிவுகளில் நடந்த மாரத்தான் போட்டியில், 1,500க்கும் மேற்பட்ட பள்ளி, கல்லூரி மாணவ, மாணவிகள், பெற்றோர் உள்ளிட்ட பலர் பங்கேற்றனர். 'வேண்டாம் போதை பொருட்கள்' என்ற கருத்தை மையமாக கொண்டு, நாமக்கல் மாவட்ட போலீசாரின் ஆதரவுடன் நடந்த மினி மாரத்தான் போட்டியை,

நாமக்கல் டி.எஸ்.பி., சுரேஷ், நாமக்கல் அரசு மருத்துவக்கல்லூரிடன் சாந்தாமணி அருள்மொழி ஆகியோர் கொடியசைத்து துவக்கி வைத்தனர். இதில் வெற்றி பெற்றவர்களுக்கு சக்தி மருத்துவமனை நிர்வாக இயக்குனர் டாக்டர் இன்பசேகரன், சக்திவேல், கிருத்திகா, தங்கம் மருத்துவமனை தீபன் ஆகியோர் பரிசுகள் வழங்கி பாராட்டினர்.



We Thank You

With Hope and Responsibilities



Uthirathin Uthavigal Charitable Trust

Register Under Govt of India. Since 2014

12A, 80G, CSR, Certified NGO

www.uthavigal.org Email Id: Helpingthoughts@uthavigal.org

909, MG Complex, 12th Central Cross Main Road, MKB Nagar Chennai 600039, Tamilnadu, INDIA